



John Hilinski M.D.
PLASTIC SURGERY

RESTRICTED MEDICATIONS

Any surgery carries a risk of bleeding or infection in the post-operative period. The risk of bleeding can be reduced by not consuming medications, vitamins and supplements that can affect your blood clotting capability. **Please stop using any medication on the restricted list below for at least fourteen (14) days PRIOR TO any surgery and at least 4-5 days AFTER surgery.** Although this is not a guarantee, avoidance of the medications can significantly reduce chances of bleeding from and following surgery. **Tylenol is permissible during this period.**

Advil	Dolor	Stanback tablets
Aleve	Duradyne	Stanco
Alka Seltzer	Duragesic	St. Joseph Aspirin
Alka Seltzer Plus	Ecotrin	Super Anahist
Anacin	Empirin with codeine	Synalogos DC
Anacin Maximum	Empirin compound	Synalogos
Anexsia with codeine	Equagesic	Talwin compound
Anodynos DHC	Equagesic M	Traminicin
APC	Excedrin	Trigesic
Arthritis Pain formula	Excedrin PM	Vanquish
Arthritis Bufferin	Fizri powder	Viomed
Aspirin with codeine	Fiorinal	Zactirin
Aspirin	Fiorinal with codeine	Zactirin compound
Aspirin enseals	Fish oil	
Ascriptin	4-way cold tablets	
Ascriptin A/D	Gemnisyn	
Aspergum	Ibuprofen	
Asphal G	Indocin	
B-A	Leech Extract	
Bayer	Measurin	
Bayer decongestant	Meprogesic	
Bayer timed release	Midol	
BC tablets	Momentum	
Bufferin	Motrin	
Buff-A compound #3	Nilain	
CAMA	Norgesic	
Capron capsules	Novhistine with APC	
COPE	Pabirin	
Cogespirin	PAC	
Coricidin D	Panodynes analgesic	
Damason P	Percodan	
Darvon N with ASA	Percodan demi	
Darvon compound	Persistin	
Darvon compound 65	Quiet world tablets	
Dolcin	Relafen	
Dolene compound 65	Robaxisal	

Of note, you must also stop all vitamins (except vitamin C and D), homeopathic medications, dietary supplements, and workout supplements at least 14 days PRIOR TO and at least 5 days AFTER surgery.